



## SCHOOL EVENTS

### **MARCH**

All sporting events have been cancelled until further notice.

## HEALTH AND SAFETY MESSAGE

Over the past few days you will have seen on the news that New Zealand has now many cases of Coronavirus (Covid19). At our collegiate we are trying our best to keep our students safe and well. These are the things we are doing:

1. We have stopped all visitors coming into our collegiate. Parents are allowed
2. We have postponed our students from taking part in all sporting events out of the collegiate
3. We have stopped whole school assemblies and meetings
4. We have cancelled all hiring of school facilities until further notice
5. We are reminding students for the need to sanitise or wash their hands when they come into school and return to class after outside breaks
6. We have asked our cleaners who clean the school to use stronger disinfectant and wipe door handles and surfaces
7. We have shown videos to help students understand what Coronavirus is and does.



It is also important to know that if you are near anyone, family or friend who has been overseas in the last 2 weeks that they could have Coronavirus. This will mean that you will need to make sure you isolate yourself to keep others safe. Remember that this virus affects our older people and young babies more. It also can affect people who have low immune systems or existing medical problems like diabetes, cardiovascular disease and respiratory diseases.

Remember the symptoms are:

- Sore throat
- Coughing and sneezing
- Shortness of breath
- High temperature

***Our Collegiate will remain open until we are instructed by the Ministry of Health to close.  
It is important to send your children to school if they are well.***

# **VIRTUAL REALITY**



Last week we had Peter Blake Trust in sharing Virtual Reality opportunities for our students. They were able to see in the goggles what sea life is like and the impact of pollution on sea life. During the year students will have an opportunity to create their own film to show on VR Goggles.

# **SWIMMING SPORTS**



**RESPECT WHANAUNGATANGA EXCELLENCE**





House results from our school swimming sports was:

**1st..Tumatauenga(Red)**  
**2nd..Tane Mahuta(Green)**  
**3rd..Tangaroa (Blue)**  
**4th..Tawhirimatea(Yellow)**  
Well done to everyone who took part.





# **HELPFUL INFORMATION**

## **NOVEL CORONAVIRUS (COVID 19)**

### **What is it?**

A virus similar to the common cold and flu. It's a new virus, so there is no vaccine right now.

### **How can I protect myself and my family?**

Cough or sneeze into your elbow or tissues - throw away immediately.

Wash hands with soap regularly and thoroughly for 20 seconds or use hand sanitizer.

Avoid touching your face.

Avoid handshakes, hugs, kissing between adults and children, kava and other cultural practices. It's important we protect our family who need it most while continuing to respect cultural protocols. Regularly clean surfaces that are touched often with a disinfectant.

Only leave your home if necessary.

### **How can I get it?**

If you touch surfaces or food that has been coughed or sneezed on by someone who has COVID-19 and then touch your face (mouth, nose, eyes) OR If someone with COVID-19 coughs or sneezes near you.

### **What do I do if I think I have it?**

1. Call Healthline on 0800 358 5453 for advice.
2. Interpreters are available.
3. Call your family doctor for advice before going to the clinic or Accident and Medical Centres.
4. If you do go to your doctor, wait in the car, and call the receptionist first.

**If you have any questions, please contact:  
Elizabeth Powell, GM for Pacific Health on 021 271 0805**

